



Year 7 Careers and Character

Autumn Half term 1

- Introduction to the Academy's expectations
- Organisation
- Friendship and social skills
- Online safety
- Justice and fairness
- Emotional Literacy
- Resilience and wellbeing

Autumn Half Term 2

- Oracy project: Problem solving. Learning how to use talk to solve problems and asking the right questions and active listening

Spring Half term 1

- Defining Character and exploring character virtues
- Exploring Leadership Skills
- Setting Goals for Personal Development
- Exploring Sustainability

Spring Half Term 2

- Discovering personal strengths
- Identifying the skills required for the workplace
- Exploring a variety of career sectors
- Investigating sustainability at school

Summer Half Term 1

- Relating personal strengths to the workplace
- Apprenticeships and future Planning
- Planning to resolve a sustainability issue

Summer Half Term 2

- Culture day project
- Executing our sustainability plan and evaluating the impact
- Celebrations and reflections

Black History Month

World Mental Health Day

Remembrance

Anti-bullying week

Elimination of Violence Against Women Day

Holocaust Memorial Day

LGBTQ+ History Month

National Apprenticeship Week

National Careers Week

World Book Day

Science Week

Mental Health Awareness Week

Fun Run

Pride Month

Men's Health Week

Culture Day

Windrush Day

Sports Day

Southend Trip





Year 8 Careers and Character

Autumn Half term 1

- Diversity and Inclusion
- Kindness and Compassion
- Conflict Resolution

Autumn Half Term 2

- Social Media Awareness: Understanding the role and impact of social media. Addressing responsible usage and potential risks
- Learning how to take the initiative and be an active learner
- Exploring labour market information and growth employment sectors.
- Exploring career readiness

Spring Half term 1

- Virtues and Ethics: Exploring various virtues and their importance in personal development.
- Understanding how virtues influence emotions and behaviour.
- Developing leadership skills
- Participating in community service and acts of kindness.

Spring Half Term 2

- Oracy Project: Participating in the Mini Magistrates project to develop our knowledge of the law system and develop oracy skills

Summer Half Term 1

- Exploring what it is like to be an entrepreneur and the skills required to be successful.
- Designing a Business

Summer Half Term 2

- Participating in the '£1 Enterprise Challenge'
- Reviewing and refining a business idea

Black History Month

World Mental Health Day

Remembrance

Anti-bullying week

Elimination of Violence Against Women Day

Holocaust Memorial Day

LGBTQ+ History Month

National Apprenticeship Week

National Careers Week

World Book Day

Science Week

Mental Health Awareness Week

1st £1 Challenge Sale

Fun Run

2nd £1 Challenge Sale

Pride Month

Culture Day

Men's Health Week

Windrush Day

Sports Day



Year 9 Careers and Character

Autumn Half term 1

Black History Month

World Mental Health Day

Remembrance

Anti-bullying week

Elimination of Violence Against Women Day

- Developing self-awareness and understanding personal strengths and weaknesses.
- Focusing on goal setting and personal achievements.
- Learning about how to overcome setbacks and learn from mistakes
- Start a personal portfolio

Autumn Half Term 2

- Understanding responsible use of technology and social media.
- Addressing cyberbullying and digital footprints.
- Oracy: Learning the structure of a debate and competing in an interform debating competition.
-

Spring Half term 1

Holocaust Memorial Day

LGBTQ+ History Month

KS4 Options Interviews

National Apprenticeship Week

National Careers Week

World Book Day

Science Week

Mental Health Awareness Week

Work Shadowing Placements

Fun Run

Pride Month

Culture Day

Men's Health Week

Windrush Day

Sports Day

- Exploring what respect is and using respectful language
- Learning strategies to manage stress and anxiety.
- The importance of mental health and seeking support when needed.
- Exploring KS4 options and links to careers

Spring Half Term 2

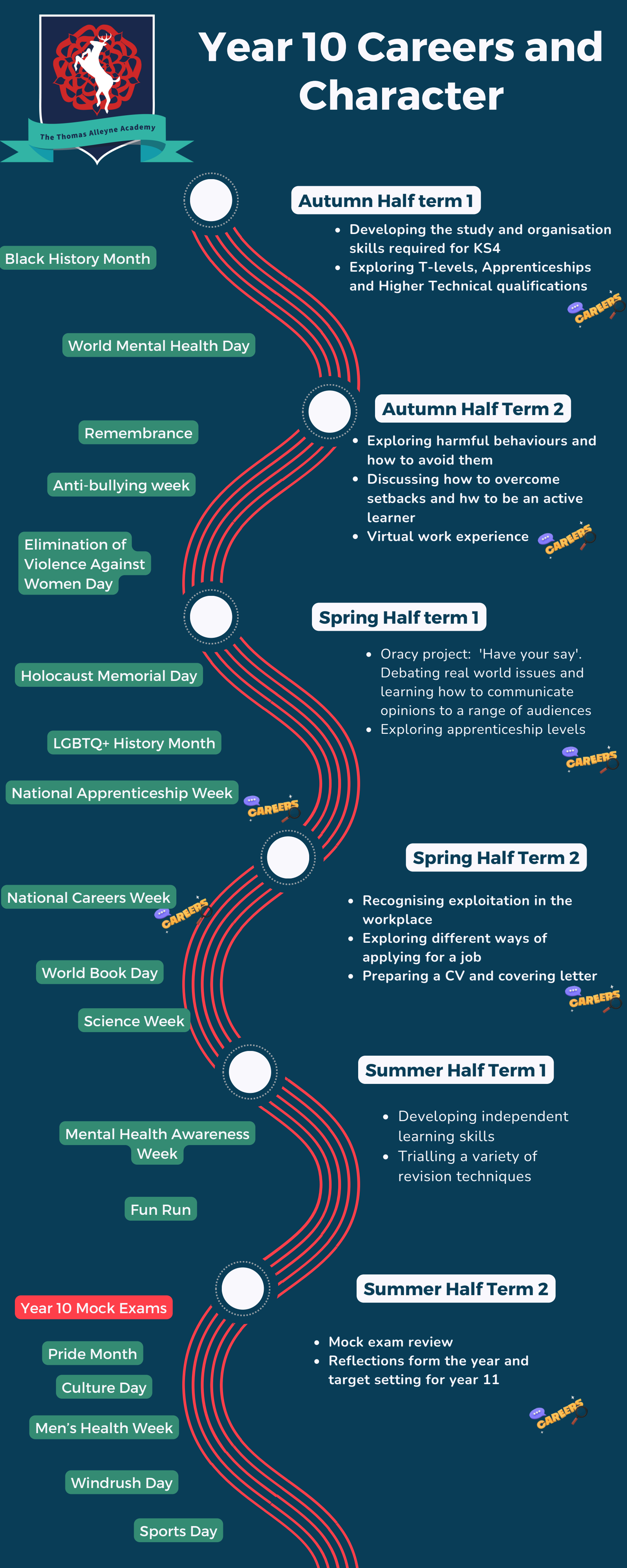
- Complete a virtual work experience placement in a choice of industries
- Prepare for work shadowing

Summer Half Term 1

- Oracy Project: Activist Academy. Learning about how to be a social activist and how to conduct charity campaigning

Summer Half Term 2

- Exploring justice and equality
- Discussing communication in the workplace and the building a positive online profile





Year 11 Careers and Character

Autumn Half term 1

- Discussing how to act on feedback
- Exploring Post-16 options
- Myth busting about T-Levels, apprenticeships and BTECS
- Revision planning



Autumn Half Term 2

- Mock preparations
- Self care strategies for managing mental health during times of stress.

Spring Half term 1

- Personal finances: understanding and managing debt, savings, taxes, understanding your salary at work and why you may need insurance.



Spring Half Term 2

- Mock exam preparations
- Reviewing progress
- 1:1 destination support form form tutors



Summer Half Term 1

- GCSE exam supprt

Summer Half Term 2

- Year 11 into 12 transition



Black History Month

1:1 Careers meeting (1 session each during yr11)

Post-16 options evening

World Mental Health Day

Year 11 Mocks

Remembrance

Anti-bullying week

Elimination of Violence Against Women Day

Holocaust Memorial Day

Year 11 Core Mocks

LGBTQ+ History Month

National Apprenticeship Week

Year 11 Exams Start



Year 11 Exams End

Sixth form taster week

Culture Day

Year 11 Prom



Year 12 Careers, Character and study skills

Autumn Half term 1

- Apply for prefect positions
- Developing note taking skills
- Getting organised and time management
- Sign up for uptree
- Personal finance

Black History Month

World Mental Health Day

Remembrance

University and Apprenticeship Fair Trip

Anti-bullying week

Elimination of Violence Against Women Day

Autumn Half Term 2

- Explore benefits of volunteering and applying for opportunities.
- Develop skills for critical evaluation
- Explore types of Universities and personal interests in University
- Basic first aid
- Alcohol and drug safety



Spring Half term 1

- Preparation for National Interview week
- Exploring Level 3 and degree apprenticeship options
- Exploring job sectors
- Presentation skills
- Analysing sources
- Academic referencing
- Healthy relationships and consent



Holocaust Memorial Day

University Wayfair Day-
Univeristy of Hertfordshire

National Interview Week

LGBTQ+ History Month

National Apprenticeship Week



National Careers Week



World Book Day

Science Week

Spring Half Term 2

- Minimising distractions and staying focussed when under pressure
- Managing mental wellbeing when under stress.
- Strategies for managing increasing workloads



Summer Half Term 1

- Finding summer school placements and how to apply
- Planning revision and revision strategies
- Why are politics important?
- MOOCS

Mental Health Awareness Week

Fun Run

Summer Half Term 2

- Setting up UCAS profiles and learning about the UCAS process
- Drafting personal statements
- Managing exam nerves
- How to find an apprenticeship
- Developing oracy: Communication in the workplace



Year 12 Mock Exams

Pride Month

Culture Day

Men's Health Week

Setup UCAS aaccount

Windrush Day

Talk the talk workshop

Sports Day



Year 13 Careers, Character and study skills

Autumn Half term 1

- Work-life balance
- How to use LinkedIn
- Open University MOOCs
- Interview Skills

Black History Month

UCAS deadline for some courses

World Mental Health Day

Year 13 Mock Exams

Remembrance

UCAS deadline for all courses

Elimination of Violence Against Women Day

Autumn Half Term 2

- Budgeting at work or University
- Students accommodation the facts and your rights
- Psychometric testing
- SWOT analysis



Spring Half term 1

- Eaton X course- How to make an impact
- Timed exam questions
- Scholarships
- Sexual Health
- Health support at University
- Situational judgement testing practice



Holocaust Memorial Day

LGBTQ+ History Month

Student finance applications open

National Apprenticeship Week



Year 13 Mock Exams

National Careers Week



World Book Day

Science Week

Spring Half Term 2

- Mock Exams and reflections
- What to take to University
- Staying safe when away from home
- Preparing to start work or University



Summer Half Term 1

- Final Exams

Mental Health Awareness Week

Fun Run

Pride Month

Year 13 Prom

Summer Holidays

- Exam results
- Destination support

